



# OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 <p><b>Monday October 14</b></p>	<p>1 <b>Lunch Special:</b> Tuna Salad on Fresh Buns <b>Supper:</b> Bacon Wrapped Pork Medallion served with Gravy Mash Potatoes Yellow Beans Mandarin Segments or Bread &amp; Raisin Pudding with Caramel Sauce</p>	<p>2 <b>Lunch Special:</b> Spaghetti with Meat Sauce <b>Supper:</b> Mesquite Grilled Chicken with Pan Gravy Gnocchi with Parmesan &amp; Parsley Broccoli Tropical Fruit or Spiced Snacking Cake</p>	<p>3 <b>Lunch Special:</b> Pulled Pork Sandwich with Apple Slaw <b>Supper:</b> Chilli Beef with Fresh Buns/Crunchy Perch with Tartar Sauce Tartar Tots Fresh Carrots Melon Medley or Cherry Tarts</p>	<p>4 <b>Lunch Special:</b> Chicken Burger with Fries <b>Supper:</b> Pan Fried Herb Crusted Haddock with Mango Salsa Steamed Parsley Baby Potatoes Cauliflower &amp; Green Peas Chef's Choice of Fruit or Pineapple Cheesecake</p>	<p>5 <b>Lunch Special:</b> Toasted Denver <b>Supper:</b> Tandoori Chicken Skewers with Mint Chutney &amp; Garlic Naan Lemon Roasted Potatoes Greek Salad Fresh Pineapples or Crepes with Cream &amp; Berry Compote</p>
<p>6 <b>Lunch Special:</b> Waffles with Strawberries &amp; Whipped Cream <b>Supper:</b> Roast Pork with Apricot Stuffing, Pan Gravy &amp; Apple Sauce Mash Potatoes Broccoli Fresh Strawberries &amp; Kiwi or Pecan Pie</p>	<p>7 <b>Lunch Special:</b> Open Chicken Salad on Fresh Buns <b>Supper:</b> Turkey Meatballs in a Creamy Sauce Buttered Egg Noodles Glazed Baby Carrots Canned Peaches or Tres Leches Cake</p>	<p>8 <b>Lunch Special:</b> BLT <b>Supper:</b> Baked Lasagna with Garlic Bread &amp; Caesar Salad Melon Medley or Vanilla Pudding with Macadamia Cookies</p>	<p>9 <b>Lunch Special:</b> Patty Melt <b>Supper:</b> BBQ Pork Loin Oven Roasted Potatoes Skillet Corn &amp; Peppers Watermelon or Carrot Cake with Cream Cheese Icing</p>	<p>10 <b>Lunch Special:</b> Turkey &amp; Lettuce Sandwich <b>Supper:</b> Garlic Sauteed Shrimp/Grilled Chicken with Pan Gravy Rice Pilaf Asparagus Fresh Pineapples or Apple Crisp with Vanilla Ice Cream</p>	<p>11 <b>Lunch Special:</b> Chicken Fingers with Caesar Salad <b>Supper:</b> Baked Sole with Lemon Caper Sauce Steamed Baby Potatoes Cauliflower Canned Apricots or Banana Chocolate Chip Muffins</p>	<p>12 <b>Lunch Special:</b> Salmon Burger <b>Supper:</b> Ginger Beef, Spring Roll, Stir-Fried Broccoli with Peppers &amp; Stir-Fried Noodles Chef's Choice of Fruit or Surprise Pies</p>
<p>13 <b>Lunch Special:</b> Eggs Benedict with Hashbrown <b>Supper:</b> Farmers Sausage with Cabbage Rolls Potato Perogies Roasted Beets Banana or Brownies with Vanilla Ice Cream</p>	<p>14 <b>Happy Thanksgiving!!</b> <b>Lunch Special:</b> Mushroom &amp; Chicken Quiche <b>Supper:</b> Roasted Turkey, Stuffing, Gravy &amp; Cranberry Sauce Mash Potatoes Brussel Sprouts Grapes or Pumpkin Pie</p>	<p>15 <b>Lunch Special:</b> Egg Salad Croissant <b>Supper:</b> Braised Pork Chops with Caramelized Onions &amp; Mushrooms Sweet Potato Mash Broccoli Pineapples or Blueberry Crisp with Ice Cream</p>	<p>16 <b>Lunch Special:</b> Mac &amp; Cheese with Bacon <b>Supper:</b> Swedish Meatballs Buttered Egg Noodles Green Peas Canned Pears or Peach Coffee Cake</p>	<p>17 <b>Lunch Special:</b> Salmon Salad on Fresh Buns <b>Supper:</b> Pork Souvlaki with Tzatziki Sauce &amp; Garlic Naan/Butter Chicken with Garlic Naan Basmati Rice Cauliflower Fresh Fruit Salad or Butter Tarts</p>	<p>18 <b>Lunch Special:</b> Penne Pasta with Grilled Chicken <b>Supper:</b> Poached Salmon with Dill Mouseline Sauce Steamed Parsley Baby Potatoes Rutabaga Melon Medley or Tapioca Pudding with Mangoes</p>	<p>19 <b>Lunch Special:</b> Reuben Sandwich <b>Supper:</b> Pan Fried Liver with Bacon, Onions &amp; Gravy Mashed Potatoes Yellow Beans Mandarin Segments or Chocolate Cake with Fudge Icing</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 <b>Lunch Special:</b> Banana Bread French Toast with Bacon <b>Supper:</b> Greek Baby Back Ribs Mac & Cheese Coleslaw Mangoes or Flapper Pie	21 <b>Lunch Special:</b> Roast Beef Sandwich <b>Supper:</b> Chicken Piccata with Gravy Mash Potatoes with Gravy Broccoli Fresh Pineapples or Raspberry Sorbet	22 <b>Lunch Special:</b> Chicken Quesadilla <b>Supper:</b> Fish & Chips Oven Roasted Potato Wedges Green Peas Chef's Choice of Canned Fruit or Butter Scotch Confetti	23 <b>Lunch Special:</b> Ham Salad on Fresh Buns <b>Supper:</b> Pork Loin with Mango Chutney Lyonnaise Potatoes Glazed Carrots Strawberries or Lemon Tarts	24 <b>Lunch Special:</b> Hot Dog with Baked Beans <b>Supper:</b> Spaghetti with Meat Balls/Rosemary Flavoured Grilled Chicken with Spaghetti & Marinara Sauce Yellow Beans Banana or Assorted Muffins	25 <b>Lunch Special:</b> Chicken Salad on Fresh Buns <b>Supper:</b> Steelhead Trout with Olives, Onions, Tomatoes, Peppers & Feta Steamed Parsley Baby Potatoes Veg. Mornay Fresh Tropical Fruit Salad or Black Forest Cake	26 <b>Lunch Special:</b> Monte Cristo <b>Supper:</b> Pan Pizza (back bacon, sausage, onions, peppers, mushrooms & pineapples) Canned Peaches or Assorted Flavour Ice Cream
27 <b>Lunch Special:</b> Strawberry Pancakes with Bacon, Whipped Cream & Compote <b>Supper:</b> Pot Roast with Gravy Mash Potatoes Roasted Carrots, Parsnips & Rutabaga Watermelon or Lemon Meringue	28 <b>Lunch Special:</b> Pulled Pork Sandwich with Apple Slaw <b>Supper:</b> Moroccan Apricot Chicken Saffron Rice Broccoli & Cauliflower Grapes or Maple Walnut Ice Cream with Oatmeal Cookies	29 <b>Lunch Special:</b> Mac & Cheese with Bacon <b>Supper:</b> Buffet with Carving Station	30 <b>Lunch Special:</b> Chicken Caesar Wrap <b>Supper:</b> Stir-Fried Beef with Carrots, Onions, Celery, Peppers & Baby Corn Basmati Rice Veg. Spring Roll Melon Medley or Warm Rice Pudding	31 <b>Happy Halloween!!!!</b> <b>Lunch Special:</b> Ham & Spinach Quiche <b>Supper:</b> Veal Cordon Bleu with Honey Mustard Sauce/Garlic Sauteed Shrimp with Seafood Sauce Mash Potatoes with Gravy Roasted Zucchini Fresh Pineapples or Strawberry & Rhubarb Crisp with Ice Cream		

**All lunch specials are served with your choice of Soup, Daily Salad, French Fries, or Warm Kettle Chips**

**All food items are subject to availability of product**

- Guest reservations for lunch & dinner require 24-hour notice. Please contact the kitchen
- Lunch serving time 11:30 – 1:15pm
- Dinner serving time: 1<sup>st</sup> serving 4:35 pm, 2<sup>nd</sup> serving 5:50 pm
- Contact the kitchen for pickups & deliveries by 3:00 pm (Pickup charges \$1.50 plus taxes, Delivery charges \$3.00 plus taxes)
- 25 dinner meals included each month (meals over 25 is a charge of \$16.65 each plus taxes)