

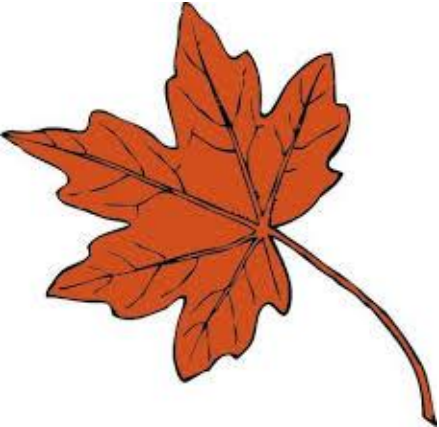




SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 LABOUR DAY Lunch Special: Patty Melt Supper: Sweet & Sour Pork Basmati Rice Stir-Fried Veggies Canned Peaches or Lemon Glazed Sheet Cake	2 Lunch Special: Grilled Ham & Cheese Sandwich Supper: Cornflakes Crusted Oven Baked Chicken w/Gravy Mash Potatoes Cauliflower Grapes or Cheesecake w/Strawberry Compote	3 Lunch Special: Turkey Burger Supper: Grilled Salmon w/Creamy Spinach Sauce Parsley Baby Potatoes Asparagus Fresh Pineapples or Mixed Berry Crisp w/Ice Cream	4 Lunch Special: Egg Salad on Fresh Baked Croissants Supper: Pork Souvlaki w/Tzatziki Sauce & Roasted Potatoes or Italian Meat Balls Spaghetti Broccoli & Cauliflower Watermelon or Orange & Cranberry Coffee Cake	5 Lunch Special: Chicken Wings w/Caesar Salad Supper: Moroccan Chicken Rice Pilaf Carrots Melon Medley or Date Squares	6 Lunch Special: Monte Cristo Supper: Pancake Night Tropical Fruit or Coconut Pudding	
	7 Lunch Special: Eggs Benedict, Hashbrown & Cut Fruits Supper: Greek Pork Ribs Sweet Potato Fries Greek Salad Grapes or Assorted Pies w/Whipped Cream or Ice Cream	8 Lunch Special: Chicken Burger Supper: Baked Steal Head Trout w/Tzatziki, Lemon Asparagus Orzo Parsley Baby Potatoes Skillet Corn & Peppers Canned Apricots or Tiramisu	9 Lunch Special: Hot Dog w/Baked Beans Supper: Chicken Cacciatore Whipped Potatoes Roasted Root Veggies Watermelon or Butter Tarts	10 Lunch Special: Ham & Cheese on a Croissant Supper: Shepherd’s Pie w/Gravy Carrots & Green Peas Canned Pears or Apple Crisp w/Ice Cream & Caramel Sauce	11 Lunch Special: Philly Dip w/Au Jus Supper: Baked Haddock w/Peach & Mango Salsa or Garlic & Roasted Peppers Flavoured Grilled Chicken Breast w/Peach Salsa Lyonnais Potatoes Broccoli Fresh Fruit Salad or Butterscotch Pudding w/Snickerdoodle Cookies	12 Lunch Special: Fish & Chips w/Coleslaw Supper: Pork Medallion w/Gravy & Apple Sauce Mash Potatoes Glazed Carrots Sticks Mixed Berries or Pumpkin Honey Bun Cake	13 Lunch Special: Chicken Wings w/Caesar Salad Supper: Ginger Beef, Spring Roll w/Plum Sauce Fried Rice Stir-Fried Veggies Mandarian Segments or Fruit Trifle
	14 Lunch Special: Banana French Toast w/Bacon, Whipped Cream & Strawberry Compote Supper: Roast Chicken w/Sage & Cranberry Stuffing, Gravy & Cranberry Sauce Lemon Roasted Potatoes Beans & Corn Salad Mangoes or Blueberry Pie w/Ice Cream	15 Lunch Special: Tuna Salad on Fresh Buns Supper: Pan Fried Pickerel w/Tartar Sauce French Fries Coleslaw Pineapples or Banana Chocolate Chip Cupcakes	16 Lunch Special: Pulled Pork on a Sub Roll w/Apple Slaw Supper: Buffet w/Carving Station	17 Lunch Special: Chicken Quesadilla Supper: Beef Goulash Rice Pilaf Green Peas Chef’s Choice Canned Fruit or Cheesecake w/Caramel Sauce	18 Lunch Special: Greek Pork Ribs w/Sweet Potato Fries Supper: Herb Grilled Chicken w/Caesar Salad & Garlic Toast or Rainbow Trout w/Lemon Caper Sauce Baby Potatoes Cauliflower Watermelon or Carrot & Raisin Bundt Cake	19 Lunch Special: Toasted Turkey & Swiss Cheese Sandwich Supper: Roasted Pork Tenderloin w/Apple Sauce Mash Potatoes Roasted Zucchini Melon Medley or Fruit Tarts	20 Lunch Special: Smokies w/Mac & Cheese Supper: Steak w/Au Jus & Horseradish Baked Potatoes Green Beans Banana or Peach Crisp w/Ice Cream

SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21 Lunch Special: Pancakes w/Bacon, Compote, Whipped Cream & Fruit Salad Supper: Glazed Ham Scalloped Potatoes Beets Mixed Berries or Lemon Meringue	22 Lunch Special: Toasted BLT Supper: Beef Bourguignon w/Fresh Buns Buttered Noodles Green Peas w/Bacon Grapes or Lemon Tarts	23 Lunch Special: Reuben Sandwich Supper: Lemon Garlic Roast Chicken Roast Potatoes w/Green Onions & Peppers Asparagus Fruit Salad or Strawberry & Rhubarb Crisp w/Vanilla Ice Cream	24 Lunch Special: Chicken Fingers w/Caesar Salad Supper: Pork Chops w/Mushroom Gravy & Apple Sauce Mash Potatoes Broccoli Chef’s Choice Canned Fruit or Cream Puffs	25 Lunch Special: Roast Pork & Swiss Cheese on a Sub Supper: Coconut & Herb Crusted Wild Catch Tilapia w/Mexican Salsa & Tartar Sauce or Grilled Chicken Breast w/Mushroom Sauce Herb Rice Cauliflower Fresh Fruit Salad or Butter Scotch Confetti	26 Lunch Special: Chicken Salad Sandwich Supper: Glazed Meatloaf w/Gravy Carrots Mash Potatoes Chef’s Choice Fresh Fruit or Lemon & Blueberry Layer Cake	27 Lunch Special: Mac & Cheese w/Bacon Supper: Chicken Pot Pie Mixed Veggies Pineapples or Assorted Ice Cream Sundaes
28 Lunch Special: Cinnamon French Toast w/Bacon, Strawberry Compote, Whipped Cream & a Fruit Bowl Supper: Pork Roast w/Horseradish & Gravy Mash Potatoes Asparagus Mixed Berries or Cherry Pie w/Ice Cream or Whipped Cream	29 Lunch Special: Ham & Cheese Quiche Supper: Battered Fried Fish w/Tartar Sauce Potato Wedges Green Peas Tropical Fruit Salad or Chocolate Pudding w/Macadamia Cookies	30 Lunch Special: Egg Salad on Fresh Buns Supper: Turkey Schnitzel w/Gravy & Cranberry Sauce Mash Potatoes Broccoli Chef’s Choice Canned Fruit or Blueberry Coffee Cake				

All lunch specials are served with your choice of Soup, Daily Salad, French Fries, or Warm Kettle Chips
All food items are subject to availability of product

- Guest reservations for lunch & dinner require 24-hour notice. Please contact the kitchen.
- Lunch serving time 11:30 – 1:15pm
- Dinner serving time: 1st serving 4:35 pm, 2nd serving 5:50 pm
- For pickups & deliveries, please contact kitchen by 3:00 pm (Pickup charges \$1.50 plus taxes, Delivery charges \$3.00 plus taxes)
- 25 dinner meals included each month (meals over 25 is a charge of \$18.00 each plus taxes)